

Bonefish behavior

Bonefish are the target species on Abaco, and have three basic modes of behavior.

Feeding

Bonefish feed on the bottom, and through the water column. While feeding on very shallow flats their wavering tails are often visible out of the water. In deeper water their tails are not visible but the fish can still be seen. While bonefish are feeding, the condition of the surface of the water affects their feeling of security. Bonefish are more nervous in calm water. Conditions determine how best to present the fly. On most days there is a slight chop or ripple on the surface and the fly must be presented three to five feet in front of them. On very still days the fly should be cast further from the fish and stripped back into his area of awareness.

Mudding

During the warmer months very large schools of bonefish will often back off the shoreline into about 5 to 10 feet of cooler water. As they grub for food they stir up the bottom creating a visible cloud of mud, referred to as "milk". This cloud of mud moves as the bonefish move and makes these bones feel quite secure because they are not visible to predators. Often the angler can catch one fish after another without spooking the school. It is generally not a common practice to fish muds because the desired challenge of sight fishing is eliminated. However, guides will fish muds with you at your request, and this can be good for beginners to feel the first lightning-fast tug of a bonefish.

Traveling

Traveling bonefish are intent on changing location, but are very aware of their surroundings and not necessarily interested in feeding. When casting to traveling bonefish place your offering well ahead of the fish and let it settle. Your guide will tell you when the fish is in range and when to strip.

Tarpon and permit

Tarpon are not always present, but we certainly come across them. They range in size from 30 to 200 lbs. Tarpon are the largest, strongest, and most acrobatic of flats fish. Even juvenile fish will put your angling skills to the test and strain your tackle. We highly recommend having a rod set up for tarpon each day as the moment of opportunity does not last long.

We also see permit on occasion. They are by far the most difficult, picky and frustrating fish you will encounter on the flats. Permit are very finicky about what they eat. They will often charge your fly, only to stop at the last moment and refuse it. When you are presenting the fly, focus first and foremost on landing your fly near the fish and getting the slack out of your line. Your guide will help you "read the fish" by watching its behavior, and will instruct you on your fly manipulation in regards to the fish.

Technique

On the flats, your guide will be standing on the poling platform and poling the boat while scanning for fish. You will be standing on the front deck of the boat with your rod in one hand and your fly in the other. When you are not fishing from the boat, you will be wading the flats. When wading, walk slowly and stop often to look for fish. If you see the fish moving in a specific direction, move quietly into position so you will be able to present the fly in front the fish. You usually have more time than you think to make a precise presentation.

Bonefish are almost always moving, and movement is often the first sign of fish. Scan the water slowly from side to side, within the range that you can cast. The guide will be looking further out, responsible for finding fish at a distance and poling the boat into good casting position. Look for the flash of an exposed tail, nervous water, a wave or wake on top of the water, or the shadow of a cruising fish. When casting to a fish that is moving towards you, land the fly in front of the fish, let it sink while the fish moves towards it, and begin stripping when the fish is close to the fly.

Typically, the guide will see the fish before you, and will put the boat in position for your cast. You will hear him direct you to the fish by saying something like "10 o'clock, 40 feet, going left". Point your rod where you think he is directing you, and he will often help by saying, "more left" or "more right", and tell you when to cast.

If you do not see the fish, do not cast until your guide asks you to. He will put the boat in position for the cast, tell you how far to cast and in which direction, and when to cast. Follow his directions in when to begin stripping your fly.

After you cast, let the fly sink to the bottom and make your first strips long and slow to get the fishes attention. Now you are going to "read the fish" by observing its behavior. If it moves quickly to your fly and stops, it probably ate your fly. Make a long strip to set the hook. If there is no resistance, stop, let the fly sink, and begin stripping again. If you do feel resistance, **pull on your line to set the hook without lifting your rod**, and prepare to "clear your line" as the fish runs. The first run often takes all the line quickly off the deck, and it is important that you guide the line off the deck and onto the reel. Your drag has been preset, so hold your rod tip high and enjoy the run! Occasionally the fish will turn and run towards you. If you can't strip fast enough to keep a tight line, push your rod tip into the water and the drag of the fish pulling the line through the water will keep tension on the hook. Bonefish have tough mouths and having sharp hooks is important. Check your hook point regularly by pulling it across your thumb nail. If it digs into your nail, it's sharp. If it drags across your nail without sticking, it's time to sharpen the point.

Be certain to pinch down the barbs on your hooks. This makes it easier to release fish with minimal handling, and also minimizes the risk of injury to yourself and others.

You and your guide are a team

Please introduce yourself and get to know your guide. Discuss which species you want to fish, how you want to fish (wading or from the boat), your abilities and fishing experience.

Encourage your guide check your equipment, knots, leaders, tippet material, flies, rod and reel, etc.

On the flats, the guide will often spot fish before you. When this happens, your guide will refer the numbers on a clock to give you the fish's general direction. For example, the bow on the boat would represent 12:00 O'clock. Perpendicular to the boat off of your right is 3:00 O'clock; perpendicular to



the boat off your left is 9:00 O'clock, etc. In addition to the direction, the guide will also refer to the distance and the direction that the fish is swimming. For example: "1:00 O'clock --- 50 feet, going left".

When you first step up on the casting platform, strip out some line and make a short cast as the guide watches. Ask the guide how far you just cast. Next, make a medium cast. Then, make a long cast. Make sure you both agree in judging distance.

If your guide spots a fish and you do not see it, don't cast until you see that fish. Point your rod in front of you as if a pointer on a chalk board and have your guide direct your rod to where he sees the fish. Your guide might say, "2 o'clock, more right, keep going, stop!" That is where you should concentrate your vision and again do not cast until you see the fish, or your guide instructs you to do so.

Setting the hook in saltwater fishing is very different from what most of us have learned in freshwater. You want to learn and practice the "Strip" strike or set. This is done NOT by lifting the rod tip as in trout fishing, but by keeping your rod pointed at the fish and pulling on the line, or stripping. In this way, the hook is either buried in the fish with the static line driving the hook, or at least the fly will remain in front of the fish for another chance. Lifting the rod tip will likely pull the hook out of the mouth of the fish without a hookup and spook the fish from the area. Each species of fish has subtle variations of the strip set to maximize your hook up rate with each take.